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KHP 3330, Physical Skills Proficiency, 1 course.  
KHP 3340, Diverse Learners Children, 2 courses.  
KHP 3350, Psychology of Wellness and Performance, 16 courses.  
KHP 3361, Teaching Elementary Physical Education, 13 courses.  
KHP 4410, Motor Development, 11 courses.  
KHP 4462, Physical Education for Exceptional Children, 17 courses.  
KHP 4465, Classroom Management and Organization Physical Educator, 20 courses.  
KHP 4466, Physical Education Practicum, 4 courses.  
KHP 4472, Internship in Health/Physical Education, 2 courses.  
KHP 4481, Methods and Materials, 8 courses.  
KHP 6602, Motor Skills and Human Performance, 2 courses.  
KHP 6617, Research Methods I Education, 13 courses.  
KHP 6672, Sports Psychology, 1 course.  
KHP 6680, Practicum in HPE, 1 course.  
KHP 6691, Research Methods II Physical Education, 13 courses.  
SED 4454, Internship Seminar for Secondary Educa- Tion, 7 courses.  
SED 5544, Internship Seminar, 4 courses.  
SFM 6617, Reasearch Methods I, 4 courses.  
SFM 6632, Critical Issues in Sport and Fitness, 1 course.  
SFM 6672, Psychology and Philosophy of Sport, 1 course.  
SFM 6691, Research Methods II Management Education, 6 courses.

## **Directed Student Learning**

Internship Advisor, "Internship and Seminar," KHP. (August 1, 2021 - December 1, 2021).  
Advised: Jacob Baker, Trey Lowery, Kade McLaney

Internship Advisor, KHP. (May 2021).  
Advised: Sam Rogers

Internship Advisor, KHP. (May 2021).  
Advised: Sara Gann

Internship Advisor, KHP. (May 2021).  
Advised: Taylor Johnson

Internship Advisor. (May 2021).  
Advised: Thomas Tatom

Master's Thesis Committee Member, KHP. (April 2021).  
Advised: Kiara Barrett

Internship Advisor. (December 2020).  
Advised: Brett Goodson

Internship Advisor, KHP. (December 2020).  
Advised: Caleb Finn

Internship Advisor, KHP. (December 2020).  
Advised: Ethan Deal

Internship Advisor, KHP. (December 2020).  
Advised: Jared Seay

Internship Advisor, KHP. (December 2020).  
Advised: Reagan Carpenter

Internship Advisor, KHP. (December 2020).  
Advised: Shelby Wright

Internship Advisor, KHP. (December 2020).  
Advised: Tyler Vanzante

KHP. (December 2020).  
Advised: Michael Morris

Internship Advisor, KHP. (May 2020).  
Advised: Delilah Babb

Internship Advisor, KHP. (May 2020).  
Advised: Madison Meigs

Internship Advisor, KHP. (May 2020).  
Advised: Mollie Medine

Internship Advisor, KHP. (May 2020).  
Advised: Sabrina Weinschreider

Internship Advisor, KHP. (December 2019).  
Advised: Anna Marsh

Internship Advisor, KHP. (December 1, 2019).  
Advised: Madeline Porter

Internship Advisor, KHP. (December 1, 2019).  
Advised: Zach Hurst

Internship Advisor, Kinesiology & Health Promotion. (January 2019 - May 2019).  
Advised: Landon Lasseter, David Stapleton

Internship Advisor, Kinesiology & Health Promotion. (August 2018 - December 2018).  
Advised: Parker Horne, Michael Jordan

Master's Thesis Committee Member, Kinesiology & Health Promotion. (May 2018).  
Advised: Jessica Richards

Internship Advisor, Kinesiology & Health Promotion. (August 15, 2015 - December 1, 2015).  
Advised: Langley Vannoy, Kieran Pearce

Supervised Research, "Fundamental Motor Skills in Preschool Children," Kinesiology & Health  
Promotion. (August 2014 - May 2015).  
Advised: Sally Taunton

## Journal Articles

- Starrett, A., Irvin, M., Miedema, S. T., Howard Smith, C., Goodway, J., Stodden, D., Brian, A. (2021). An Examination of Motor Competence Profiles in Preschool Children: A Latent Profile Analysis. *Research Quarterly in Exercise Science*, 1-10.  
<https://www.tandfonline.com/doi/full/10.1080/02701367.2020.1859440>
- Killough, B. P., Sluder, J. B., Shaughnessy, C. H., Rhodes, A. (2020). *Journal of Physical Education, Recreation and Dance*.
- Howard, C., Smith, E. (1998). The effect of subject height and bench height on anaerobic step test power output. *Alabama Journal of Health, Physical Education, Recreation and Dance*, 21(1), 27-33.

## Other

- Barrett, K., Garner, J. C., Shaughnessy, C. H., Mouser, J. G. (2021). *Effects of Footwear on Countermovement Jump Force-Time Characteristics in Division I Collegiate Volleyball Players* (5th ed., vol. 34). Journal of Strength and Conditioning Research.
- Jessee, M. H., Stanford, D. M., Chatlaong, M. A., Dankel, M., Mouser, J. G., Basford, L. E., Barrett, K., Shaughnessy, C. H., Garner, J. C. (2021). *Effects of Footwear on Static and Dynamic Balance in Division I Collegiate Volleyball Players* (5th ed., vol. 34). Journal of Strength and Conditioning Research.

## Refereed Journal Articles

- Killough, B. P., Sluder, J. B., Shaughnessy, C. H., Rhodes, A. (2021). Physical Literacy and Practical Applications for Physical Educators. *JOPERD*, 92(2), 30-39.  
<https://www.shapeamerica.org/publications/journals/joperd/>
- Bryan, A., Pennell, A., Taunton, S., Starrett, A., Howard Shaughnessy, C., Goodway, J., Wadsworth, D., Rudisill, M., Stodden, D. (2019). Motor Competence Levels and Developmental Delay in Early Childhood: A Multicenter Cross-Sectional Study Conducted in the USA. *Sports Medicine*, 10. Dept. of KHP, 112 Wright Hall
- Hollett, N., Sluder, J. B., Taunton, S., Shaughnessy, C. H. (2016). Teaching Body and Space Awareness and Integrating core subjects. *JOPERD*, 87(7), 31-35.
- Shaughnessy, C. H., Sluder, J. B. (2015). Roller Skating and Interdisciplinary Physical Education. *Strategies*, 28(4), 26-32.  
<http://www.shapeamerica.org/publications/journals/strategies/index.cfm>
- Sluder, J. B., Shaughnessy, C. H. (2015). Using Integration and Autonomy to Teach an Elementary Running Unit. *Journal of Physical Education Recreation and Dance (JOPERD)*, 86(4), 17-23. <http://www.shapeamerica.org/publications/journals/joperd/>
- Countryman, D. A., Sluder, J. B., Shaughnessy, C. H. (2014). Supporting Alabama School Physical Education Programs Through Grant Funding. *ASAHPERD Journal*, 35(1), 18-22.
- Howard-Shaughnessy, C., Bush, G. L., Cherry, S. (2013). Six Steps for Implementing Plyometric Training in Elementary Physical Education. *Strategies*, 26(5), 10-16.  
[http://portal.shapeamerica.org/publications/journals/strategies/about\\_strategies\\_journal.aspx](http://portal.shapeamerica.org/publications/journals/strategies/about_strategies_journal.aspx)
- Sluder, J. B., Green, M. S., Shaughnessy, C. H. (2012). Effect of an Educational HealthField Day on Learning Outcomes in Children. *National Teacher Education Journal*, 5(2), 59-66.



- Sluder, J. B., Green, M. S., Shaughnessy, C. H., Cox, R., Chaudhari, Z., ASAPERD Fall Conference, "Correlation Between Physical Activity and Academic Performance," ASAPERD, Birmingham, Alabama, United States of America. (November 2018).
- Sluder, J. B., Green, M. S., Shaughnessy, C. H., Kimmel, C., Westry, S., ASAPERD Fall Conference, "Discovering the Positives and Negatives of Youth Resistance Training," ASAPERD, Birmingham, Alabama, United States of America. (November 2018).
- Shaughnessy, C. H., Sluder, J. B., Taunton, S., Brian, A., NASPSPA Internatinal Convention, "A Longitudinal Examination of a structured perceptual Motor Program," NASPSPA, Denver, Colorado, United States of America. (June 2018).
- Green, M. S., Sluder, J. B., Shaughnessy, C. H., Coleman, K., Mills, O., Moynihan, P., Biagtan, C., ASAPERD Spring Conference, "The Power of Positivity: Positive and Negative Coaching Attributes," Alabama State Association for Health, Physical Education, Recreation and Dance, Orange Beach, Alabama, United States of America. (April 2018).
- Sluder, J. B., Green, M. S., Shaughnessy, C. H., Fuller, T., Griffin, S., McCray, Z., ASAPERD Spring Conference, "The Pros and Cons of Sport Specialization," Alabama State Association for Health, Physical Education, Recreation and Dance, Orange Beach, Alabama, United States of America. (April 2018).
- Richards, J., Sluder, J. B., Shaughnessy, C. H., Green, M. S., Hollett, N., SHAPE America National Convention and Expo, "Effect of a New Games Unit on Secondary Physical Education," SHAPE, Nashville, Tennessee, United States of America. (March 2018).
- Metzger, B. (Presenter & Author), Howard-Shaughnessy, C. (Author Only), Ninth International Convention of the Association for Behavior Analysis, "Teaching pre-sports skills to young children with autism: The synergy of ABA and Kinesiology," Association for Behavior Analysis International, Paris, France. (November 2017).
- Shaughnessy, C. H. (Presenter & Author), Taunton, S. A. (Presenter & Author), Brian, A. (Presenter & Author), Sluder, J. B. (Presenter & Author), NASPSPA International Convention, "Physical Education vs. Free Play in Motor Skill Development of Preschoolers," North American Society for the Psychology of Sport and Physical Activity, San Diego, California, United States of America. (June 2017).
- Richards, J. M., Sluder, J. B., Green, M. S., Shaughnessy, C. H., ASAPERD Spring Conference, "Advantages of a Student Centered Curriculum in Secondary Physical Education," Alabama State Association for Health, Physical Education, Recreation and Dance, Orange Beach, Alabama, United States of America. (May 2017).
- Taunton, S. A. (Presenter & Author), Shaughnessy, C. H. (Presenter & Author), Sluder, J. B. (Presenter & Author), Ali, B. (Presenter & Author), Jessica, R. M. (Presenter & Author), Society for Health and Physical Educators (SHAPE), "Longitudinal Effects of Intervention on Children's Fundamental Motor Skills," SHAPE, Boston, MA, United States of America. (March 2017).
- Metzger, B., Howard-Shaughnessy, C., Alabama State Association for Health, Physical Education, Recreation and Dance, "ABA Therapy and Movement for Children with Special Needs in Adapted Physical Education," Birmingham, Alabama, United States of America. (November 2016).
- Shaughnessy, C. H., Bush, G. L., Haley, M., Crowell, C., Alabama State Association for Health, Physical Education, Recreation and Dance, "Bullying in Physical Education - Really?,"



- America. (November 2012).
- Shaughnessy, C. H. (Presenter & Author), Morgan, J. (Presenter & Author), Alabama State Association for Health, Physical Education, Recreation and Dance, "Analysis of Football Helmet Safety Practices in Alabama High School Activities," ASAPERD, Birmingham, Alabama, United States of America. (November 5, 2012).
- Sluder, J. B., Shaughnessy, C. H., North American Society for the Psychology of Sport and Physical Activity International Conference, "Using Autonomy-Supportive Teaching in Elementary Physical Education: An Alternative Approach to Fitness Units," NASPSA, Honolulu, Hawaii, United States of America. (June 2012).
- Shaughnessy, C. H., Sluder, J. B., Bush, G. L., Freeland, R. C., Emily, H., Tomer, W., Waddail, A., Share The Wealth Conference, "Campus Fit," Southern District of AAHPERD, Jekyll Island, Georgia, United States of America. (January 2012).
- Lana, J., Sluder, J. B., Shaughnessy, C. H., Waddail, A., Will, M., Share The Wealth Conference, "Creative Games with Oversize Activity Balls for Secondary and Elementary Education," Southern District of AAHPERD, Jekyll Island, Georgia, United States of America. (January 2012).
- Patil, N. D., Green, M. S., Martin, T., Shaughnessy, C. H., Alabama State Association for Health, Physical Education, Recreation and Dance Fall Conference, "Validity of a Hand-Held Indirect Calorimeter for Estimating Resting Metabolic Rate," Alabama State Association for Health, Physical Education, Recreation and Dance, Birmingham, AL, United States of America. (November 2011).
- Shaughnessy, C. H. (Presenter & Author), Bush, G. (Presenter & Author), Oceans of Opportunity, "Effectiveness of a Three-Tier Comprehensive Asthma Training and Intervention," American Alliance for Health, Physical Education, Recreation and Dance, San Diego, California, United States of America. (March 2011).
- Shaughnessy, C. H. (Presenter & Author), Bush, G. (Presenter & Author), Oceans of Opportunity, "HIVE School Health: Abstinence-Based versus Comprehensive-based Curriculums," American Alliance for Health, Physical Education, Recreation and Dance, San Diego, California, United States of America. (March 2011).
- Shaughnessy, C. H. (Presenter & Author), Bush, G. (Presenter & Author), Oceans of Opportunity, "Integrating Classroom Activities for Healthy Learning: The Mind-Body Connection," American Alliance for Health, Physical Education, Recreation and Dance, San Diego, California, United States of America. (March 2011).
- Shaughnessy, C. H. (Presenter & Author), Bush, G. (Presenter & Author), Cherry, S. (Presenter & Author), Share the Wealth Physical Education Conference, "Plyometric Training: Impact in Elementary Physical Education," Georgia Association for Health, Physical Education, Recreation and Dance, Jekyll Island, Georgia, United States of America. (January 27, 2011).
- Shaughnessy, C. H. (Presenter & Author), ASAPERD, "Mentoring New Faculty Members," Alabama State Association for Health, Physical Education, Recreation and Dance, Birmingham, Alabama, United States of America. (November 14, 2010).
- Shaughnessy, C. H. (Presenter & Author), Bush, G. (Presenter & Author), Alabama Academy of Science Annual Conference, "Effects of Cup Stacking on Children with Disabilities," Alabama Academy of Science, Tuskegee, Alabama, United States of America. (2007).
- Shaughnessy, C. H. (Presenter & Author), Bush, G. (Presenter & Author), To Whom Much is



Shaughnessy, C. H. (Principal), Sluder, J. B. (Principal), "Run, Fun, and Run," Sponsored by ING Run for Something Better School Awards Program, Private, \$1,000.00.

Shaughnessy, C. H. (Principal), Sluder, J. B. (Co-Principal), Bush, G. L. (Co-Principal), Flynn, C. L. (Co-Principal), "U R What U Eat," Sponsored by United Health Heroes Youth Service America Grant, Private, \$1,000.00.

Shaughnessy, C. H. (Principal), Sluder, J. B. (Principal), "Using Autonomy-Supportive Teaching in Elementary Physical Education: An Alternative Approach to Fitness Units," Sponsored by Saucony Fun for Good Grant, Private, \$25,000.00.

Spurlock, A. L. (Co-Principal), Smith, E. (Co-Principal), Andrews, A. K. (Co-Principal), Shaughnessy, C. H. (Co-Principal), Weed, L. D. (Co-Principal), "Women Initiating New Ways (WIN)," Sponsored by Womes Sports Federation Grant, Private, \$5,000.00.

Smith, C. H., "After-School Perceptual-Motor Program," Sponsored by Big Lots, \$40,000.00. (January 2023 - Present).

Smith, C. H., "Faculty Development Grant," Sponsored by Office of Sponsored Programs, Troy University. (May 1, 2022 - Present).

Shaughnessy, C. H., "Paper Presentation for NASPSPA," Sponsored by Faculty Development Grant, \$1,000.00. (June 2020 - Present).

Smith, C. H. (Principal), Wilson, D. (Co-Principal), Garner, J. C. (Co-Principal), "Saucony Run for Good Grant," Sponsored by Saucony Shoes, \$9,671.50. (2021 - 2022).

Shaughnessy, C. H., Wilson, D., Garner, J., "Saucony Run for Good," Sponsored by Saucony, Private, \$9,671.50. (June 2022).

Howard Shaughnessy, C. (Principal), Cherry, S. (Co-Principal), "Outdoor Play," Sponsored by Blue Cross Blue Shield of Alabama, Private, \$10,000.00. (January 2019 - May 2019).

Sluder, J. B. (Co-Principal), Shaughnessy, C. H. (Principal), "Outdoor Fitness and Fun," Sponsored by Blue Cross Blue Shield, Private, \$10,000.00. (August 2017 - January 2018).

Sluder, J. B. (Co-Principal), Shaughnessy, C. H. (Principal), "Outdoor Fitness and Fun," Sponsored by Blue Cross Blue Shield, State, \$10,000.00. (2017).

Shaughnessy, C. H., "Achilles Kids," Sponsored by Achilles Kids, Other, \$1,000.00. (August 2015 - May 2016).

Shaughnessy, C. H., "Presentation at North American Society for the Psychology of Sport and Physical Activity," Sponsored by Faculty Development Grant, Troy University, \$750.00. (2014).

Sluder, J. B. (Co-Principal), Shaughnessy, C. H. (Principal), "It's Cabbage Time," Sponsored by Bonnie Plants, Private, \$500.00. (September 2014).

Shaughnessy, C. H., "AAHPERD Presentation," Sponsored by Faculty Development Grant, Troy University, \$375.00. (2013).

Shaughnessy, C. H., "Presentation at North American Society for the Psychology of Sport and Physical Activity," Sponsored by Faculty Development Grant, Troy University, \$125.00. (2013).

Shaughnessy, C. H., "Carol M. White Physical Education Program," Sponsored by Federal Government, Local, \$360,000.00. (2010 - 2013).

Shaughnessy, C. H. (Supporting), "USDA Fresh Fruits and Vegetables," Sponsored by USDA, Federal, \$5,000.00. (August 1, 2012 - May 1, 2013).

Shaughnessy, C. H. (Supporting), "USDA Fresh Fruits and Vegetables," Sponsored by USDA, Federal, \$5,000.00. (August 1, 2012 - May 1, 2013).

Shaughnessy, C. H. (Principal), Sluder, J. B. (Co-Principal), Henderson, J. (Co-Principal), "Growing Healthy Habits," Sponsored by Whole Kids Foundation: School Garden Grants, Private, \$2,000.00. (2012).

Shaughnessy, C. H., "Paper Presentation at North American Society for the Psychology of Sport and Physical Activity," Sponsored by Faculty Development Grant, Troy University, \$750.00. (2012).

Shaughnessy, C. H., "Share the Wealth Physical Education," Sponsored by Faculty Development Grant, Troy University, \$250.00. (2012).

Shaughnessy, C. H. (Principal), Sluder, J. B. (Co-Principal), Henderson, J. (Co-Principal), "Grow with the Garden," Sponsored by Subaru Health Sprouts Grant, Private, \$400.00. (October 31, 2012).

Shaughnessy, C. H. (Co-Principal), Sluder, J. B. (Principal), Bush, G. L. (Co-Principal), Flynn, C. L. (Co-Principal), "Children's Health Field Day," Sponsored by United Health Heroes Youth Service America, Private, \$1,000.00. (2011).

Shaughnessy, C. H., "Faculty Development Grant," Troy University, \$750.00. (2011).

Shaughnessy, C. H., "Plyometrics: An Impact in Elementary Physical Education," Sponsored by Faculty Development Grant, Troy University, \$750.00. (2011).

Shaughnessy, C. H., "USDA Fresh Fruits and Vegetables," Sponsored by USDA, Federal, \$5,000.00. (2011).

Shaughnessy, C. H. (Principal), Bush, G. L. (Co-Principal), "Youth Service America Grant," Sponsored by UnitedHealth HEROES, Private, \$700.00. (January 18, 2011 - April 18, 2011).

Bush, G. L. (Principal), Shaughnessy, C. H. (Co-Principal), "Fitness Safari," Sponsored by Youth Service American, Private, \$500.00. (October 2010).

Shaughnessy, C. H. (Co-Principal), Sluder, B. (Principal), Bush, G., "Healthy Fun Day for Kids," Sponsored by Youth Service America, Private, \$500.00. (October 2010).

Shaughnessy, C. H. (Co-Principal), Flynn, C. (Principal), Sluder, B. (Co-Principal), Murphy, K., "Healthy High School," Sponsored by Youth Service America, Private, \$500.00. (October 2010).

Department of Mental Health & Mental Retardation, State, \$1,500.00. (2009).

Shaughnessy, C. H., "14th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Rehabilitation Services, State, \$1,500.00. (2009).

Shaughnessy, C. H., "14th Annual Helen Keller Lecture," Sponsored by The Helen Keller Foundation for Research and Education, Private, \$1,500.00. (2009).

Shaughnessy, C. H., "13th Annual Helen Keller Lecture," Sponsored by Alabama Institute for the Deaf and Blind, State, \$1,500.00. (2008).

Shaughnessy, C. H., "13th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Education, State, \$1,500.00. (2008).

Shaughnessy, C. H., "13th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Mental Health & Mental Retardation, State, \$1,500.00. (2008).

Shaughnessy, C. H., "13th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Rehabilitation Services, State, \$1,500.00. (2008).

Shaughnessy, C. H., "13th Annual Helen Keller Lecture," Sponsored by The Helen Keller Foundation for Research and Education, Private, \$2,000.00. (2008).

Shaughnessy, C. H., "12th Annual Helen Keller Lecture," Sponsored by Alabama Institute for the Deaf and Blind, State, \$1,500.00. (2007).

Shaughnessy, C. H., "12th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Education, State, \$1,500.00. (2007).

Shaughnessy, C. H., "12th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Education, State, \$1,500.00. (2007).

Shaughnessy, C. H., "12th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Mental Health & Mental Retardation, State, \$1,500.00. (2007).

Shaughnessy, C. H., "12th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Rehabilitation Services, State, \$2,000.00. (2007).

Shaughnessy, C. H., "12th Annual Helen Keller Lecture," Sponsored by The Helen Keller Foundation for Research and Education, Private, \$1,500.00. (2007).

Shaughnessy, C. H., "11th Annual Helen Keller Lecture," Sponsored by Alabama Institute for the Deaf and Blind, State, \$500.00. (2006).

Shaughnessy, C. H., "11th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Education, State, \$500.00. (2006).

Shaughnessy, C. H., "11th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Mental Health & Mental Retardation, State, \$500.00. (2006).

Shaughnessy, C. H., "11th Annual Helen Keller Lecture," Sponsored by Alabama State Department of Rehabilitation Services, State, \$500.00. (2006).

Shaughnessy, C. H., "11th Annual Helen Keller Lecture," Sponsored by The Helen Keller Foundation for Research and Education, Private, \$500.00. (2006).





